SAFE Questionnaire I : Couple Applicant

INSTRUCTIONS

 Please answer the following questions as they apply to you. Check all the choices that apply. Most of the questions have more than one answer. 				
Print Name: Date:				
1	Who primarily raised yo	u? (check all that apply)		
	 ☐ Mother and Father ☐ Father ☐ Mother ☐ Mother and Steppare ☐ Father and Steppare ☐ Stepmother 	<u> </u>		
2	Were you separated from following reasons?	either or both of your parents during your childhood for any of the		
	□ No separations□ Parents separated□ Parents divorced□ Death of parent(s)	 □ Abandoned by parent(s) □ Parent(s) long-term hospitalization □ Parent(s) in military □ Parent(s) in prison □ Removed from your home by police or social services □ Other: 		
3	How old were you when	you first moved away from your parent(s) or primary caretaker(s) home?		
	years of age	☐ I currently live with my parent(s) or primary caretaker(s)		
4	What were the circumsta	inces that led you to leave home? Were there circumstances that led you to return?		
5	Check the boxes that best characterize your childhood relationship with your mother:			
	 No relationship Abusive Idolized Neglectful Caring Supportive Fun 	☐ Friendly ☐ Affectionate ☐ Took care of mother ☐ Warm ☐ Anxious ☐ Afraid of mother ☐ Gentle ☐ Consistent ☐ Unpredictable ☐ Smothering ☐ Distant/Uninvolved ☐ Full of conflict ☐ Demonstrative ☐ Superficial ☐ Relaxed ☐ Over protective ☐ Strained ☐ Loving ☐ Respectful ☐ Close ☐ Other:		

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6	Check the boxes that best characterize your childhood relationship with your father:			
	□ No relationship □ Friendly □ Affectionate □ Took care of father □ Abusive □ Warm □ Anxious □ Afraid of father □ Idolized □ Gentle □ Consistent □ Unpredictable □ Neglectful □ Smothering □ Distant/Uninvolved □ Full of conflict □ Caring □ Demonstrative □ Superficial □ Relaxed □ Supportive □ Over protective □ Strained □ Loving □ Fun □ Respectful □ Close □ Other:			
7	If you were not primarily raised by your mother and/or father, which of the following best describes your relationship with your primary caretaker(s)?			
	□ Not applicable □ Friendly □ Affectionate □ Took care of primary caretaker □ Abusive □ Warm □ Anxious □ Afraid of primary caretaker □ Idolized □ Gentle □ Consistent □ Unpredictable □ Neglectful □ Smothering □ Distant/Uninvolved □ Full of conflict □ Caring □ Demonstrative □ Superficial □ Relaxed □ Supportive □ Over protective □ Strained □ Loving □ Fun □ Respectful □ Close □ Other:			
8	Check the boxes that best describe what your childhood experience was like:			
•	□ Painful □ Stable □ Traumatic □ Happy □ Confusing □ Spoiled □ Fun □ Frightening □ Enjoyable □ Wonderful □ Chaotic □ Sad □ Exciting □ Lonely □ Stimulating □ Unhappy □ Secure □ Difficult to remember □ Carefree □ Sickly □ Other:			
9	Check the boxes that best describe your parents'/primary caretakers' relationship with each other when you were a child:			
	No relationship Divorced Loving Hostile Separated Violent Close Fulfilling Full of conflict Fun and playful Distrustful and suspicious Committed Committed Hostile On again/Off again Supportive Relaxed Affected by alcohol/drug abuse Other:			
10	How would you rate your parents'/primary caretakers' ability to manage their lives? Mother or Primary Caretaker Father or Primary Caretaker			
	□ Very good □ Very good □ Good □ Good □ Fair □ Fair □ Poor □ Poor □ Unknown □ Unknown			

11	Check the boxes that best describe the personal characteristics of your mother or primary caretaker when you were a child:			
	 Not applicable Loving Perfectionist Domineering Isolated Happy Optimistic Calm Violent Substance Abuser Preoccupied Self-confident 	☐ Active ☐ Outgoing ☐ Generous ☐ Aggressive ☐ Shy ☐ Irresponsible ☐ Pessimistic/Worrier ☐ Temperamental ☐ Understanding ☐ Nervous/Anxious ☐ Fun/Playful ☐ Rigid	☐ Moody ☐ Overly critical ☐ Hardworking ☐ Flexible ☐ Content ☐ Serious ☐ Compassionate ☐ Friendly/Social ☐ Warm ☐ Supportive ☐ Dramatic ☐ Irritable	☐ Easy going ☐ Kind ☐ Self centered ☐ Unforgiving ☐ Stubborn ☐ Irrational ☐ Manipulative/Controlling ☐ Passive ☐ Prejudiced ☐ Emotional ☐ Reassuring ☐ Other:
12	Check the boxes that bes caretaker when you wer	t describe the personal char e a child:	racteristics of your father	or other primary
	 Not applicable Loving Perfectionist Domineering Isolated Happy Optimistic Calm Violent Substance abuser Preoccupied Self-confident 	☐ Active ☐ Outgoing ☐ Generous ☐ Aggressive ☐ Shy ☐ Irresponsible ☐ Pessimistic/Worrier ☐ Temperamental ☐ Understanding ☐ Nervous/Anxious ☐ Fun/Playful ☐ Rigid	☐ Moody ☐ Overly critical ☐ Hardworking ☐ Flexible ☐ Content ☐ Serious ☐ Compassionate ☐ Friendly/Social ☐ Warm ☐ Supportive ☐ Dramatic ☐ Irritable	☐ Easy going ☐ Kind ☐ Self centered ☐ Unforgiving ☐ Stubborn ☐ Irrational ☐ Manipulative/Controlling ☐ Passive ☐ Prejudiced ☐ Emotional ☐ Reassuring ☐ Other:
13	Who primarily disciplin	ed you during your childho	od?	
	☐ Both parents equally ☐ Mother ☐ Father ☐ Stepmother ☐ Stepfather ☐ Older sibling(s) ☐ Other:		ent(s) edian(s)	

14	Check the boxes that best describe the way your parent(s)/primary caretaker(s) disciplined you during your childhood:			
	Mother or Primary Caretaker		Father or Primary Caretaker	
	Not applicable Consistently Fairly Strictly Leniently Made idle threats Lectured Used time outs Reasoned with me Spanked Family Meetings Other:	Praised positive behaviors Shamed Grounded Removed privileges Logical consequences Withheld food Sent me to my room Ignored misbehaviors Used physical restraints Physically punished (other than spanking)	 Not applicable Consistently Fairly Strictly Leniently Made idle threats Lectured Used time outs Reasoned with me Spanked Family Meetings Other: 	☐ Praised positive behaviors ☐ Shamed ☐ Grounded ☐ Removed privileges ☐ Logical consequences ☐ Withheld food ☐ Sent me to my room ☐ Ignored misbehaviors ☐ Used physical restraints ☐ Physically punished (other than spanking)
15	Check the boxes that represe	ent the personal values held b	y your parent(s)/primary Father or Primary Ca	
	 Not applicable Religious beliefs Compassion Social conscience Strong work ethic Being responsible Freedom of expression Leading a balanced life Being a parent Patriotism Spiritual/Cultural Practice 	☐ Honesty ☐ Family closeness ☐ Family support ☐ Social status ☐ Education ☐ Self respect ☐ Independence ☐ Making money ☐ Fidelity ☐ Healthy life style ☐ Other:	 □ Not applicable □ Religious beliefs □ Compassion □ Social conscience □ Strong work ethic □ Being responsible □ Freedom of express □ Leading a balanced □ Being a parent □ Patriotism □ Spiritual/Cultural □ Practice 	
16	How do your own personal	values compare to those of yo	ur parent(s)/primary car	etaker(s)?
	□ Basically share the same □ Share most of their value □ Share some of their value □ Do not share any of their □ Don't know	es es		

17	Check the boxes that best describe your parents'/primary caretakers' attitudes about sexuality when you were a child:			
L	Mother or Primary Caretaker	Father or Primary Caretaker		
	□ Unknown □ Awkward discussing □ Open about sexuality □ Believed sex was sinful □ Comfortable discussing □ Liberal sexual attitudes □ Old fashioned □ Conservative attitudes □ Never discussed sex □ Sexually repressed □ No sex before marriage □ Sexually irresponsible □ Condemned □ Supported homosexuality sex education □ Knowledgeable □ Other:	Unknown Open about sexuality Comfortable discussing Classing Comfortable discussing Conservative attitudes Never discussed sex No sex before marriage Condemned homosexuality Knowledgeable Awkward discussing Believed sex was sinfu Conservative attitudes Sexually repressed Sexually irresponsible sex education Other:		
18	Check the boxes that best describe what you were like as	s a child (pre-teenage years):		
	□ Happy □ Awkward □ Responsible □ Temperamental □ Self-confident □ Sad □ Stubborn □ Friendly □ Irresponsible □ Unhappy □ Calm □ Anxious/N □ Aggressive □ Serious □ Active □ Fearful □ Hyperactive □ Funny	☐ Disobedient ☐ Curious ble ☐ Outgoing ☐ Compliant		
19	Check the boxes that best describe what you were like as	s a teenager:		
	□ Happy □ Awkward □ Responsible □ Temperamental □ Self-confident □ Sad □ Stubborn □ Friendly □ Irresponsible □ Unhappy □ Calm □ Anxious/No □ Aggressive □ Serious □ Active □ Fearful □ Hyperactive □ Funny	☐ Disobedient ☐ Curious ble ☐ Outgoing ☐ Compliant		
20	When you were a child, with whom would you confide?			
	□ Mother □ Aunt(s)/Uncle(s) □ Father □ Stepparent □ Sibling(s) □ Primary Caretaker(s) □ Grandparent(s) □ Cousin(s)	Counselor(s)/Teacher(s) Psychiatrist(s)/Psychologist(s)/Social Worker(s) Clergy		
21	When you were a child or adolescent, did you require co	ounseling or psychiatric care?		
	□ No □ Yes			
22	Are there issues, traumatic incidents or accidents from y	your childhood that currently cause you distress?		
	□ No □ Yes			

23	Check the boxes that best describe your early dating experiences:				
	□ Didn't date □ Traumatic □ Extensive □ Frightening □ Fun □ Too much too soon □ Unusual □ Exciting □ Unremarkable □ Dull □ Pressured □ Limited □ Chaperoned □ In groups □ Friendly □ Other:				
24	Check the boxes that best describe your early sexual experiences:				
	□ Limited □ Unremarkable □ Frightening □ Pleasurable □ Traumatic □ Unusual □ Confusing □ Abusive □ Awkward □ Romantic □ Shameful □ Pressured □ Exciting □ Regretful □ Amusing □ Other:				
25	If you were married previously, how did your marriage(s) end?				
	\square Not applicable \square Divorce \square Death of spouse(s) \square Annulment				
26	If you were previously in a domestic partnership(s), how did your partnership(s) end?				
	 □ Not applicable □ Death of partner(s) □ Terminated partnership without legal agreement(s) □ Terminated partnership with legal agreement(s) 				
27	If you went through a divorce or terminated a domestic partnership, check the boxes that best describe what the experience was like for you:				
	□ Not applicable □ Painful □ Crazy □ A relief □ Easy □ Unfair □ Frustrating □ Long and drawn out □ Expensive □ Bitter □ Fair □ Depressing □ Frightening □ Amicable □ Devastating □ Other:				
28	Have you ever been in a custody dispute? □ No □ Yes				
29	How long did you know your current spouse/partner before you were married or established a domestic partner relationship?				
	☐ Less than 6 months ☐ 3 to 4 years ☐ 13 or more years ☐ Less than a year ☐ 5 to 7 years ☐ 1 to 2 years ☐ 8 to 12 years				

30	Check the boxes that best describe the characteristics of your current spouse/partner:			
	☐ Religious ☐ Uncaring ☐ Appreciative ☐ Affectionate ☐ Compassionate ☐ Dogmatic ☐ Introvert ☐ Emotional ☐ Friendly ☐ Rigid ☐ Self-centered ☐ Gentle ☐ Good listener ☐ Considerate	☐ Playful ☐ Distant ☐ Thoughtful ☐ Athletic ☐ Workaholic ☐ Prejudiced ☐ Careful ☐ Outgoing ☐ Quick tempered ☐ Worrier ☐ Domineering ☐ Supportive ☐ Predictable ☐ Anxious	□ Unhappy □ Smart □ Argumentative □ Social □ Competitive □ Happy □ Sarcastic □ Unforgiving □ Faultfinding □ Understanding □ Honest □ Romantic □ Moody □ Generous □ Stubborn □ Dependable □ Depressed □ Impulsive □ Tolerant □ Good sense of humon □ Communicative □ Kind □ Clear thinking □ Energetic □ Other:	r
31	Check the boxes that best of Roles you play in relations	·	ou and your spouse/partner play in the relationship Roles spouse/partner plays in relationship	p:
	☐ Head of household ☐ Leader ☐ Emotional one ☐ Social planner ☐ Initiator ☐ Peacemaker ☐ Comforter ☐ Risk taker ☐ Money manager ☐ Homemaker	 □ Wage earner □ Decision maker □ Rational one □ Organizer □ Compromiser □ Caregiver □ Follower □ Negotiator □ Manager □ Other: 	□ Head of household □ Wage earner □ Leader □ Decision maker □ Emotional one □ Rational one □ Social planner □ Organizer □ Initiator □ Compromiser □ Peacemaker □ Caregiver □ Comforter □ Follower □ Risk taker □ Negotiator □ Money manager □ Manager □ Homemaker □ Other:	
32	How often do you and you	ır spouse/partner argue?		
	□ Never□ Rarely□ Once or twice a year	☐ Once or twice a mor ☐ Once or twice a wee ☐ Almost daily		
33	Check the boxes that best	describe the major areas of co	conflict between you and your spouse/partner:	
	 □ Discipline of children □ Religion □ Alcohol/Drugs □ Emotional closeness □ Family involvement □ Money 	 □ Personal habits □ Household chores □ Work □ Infidelity □ Emotional separateness □ Travel 	 ☐ Sexual relations ☐ Politics ☐ Values ☐ Leisure time ☐ Separate activities ☐ Time apart ☐ Other: Personal expectation Friends Leisure time Shared activities Time together Other:	lS

34	Check the boxes that best describe the way you typically react when you have a major disagreement with your spouse/partner:			ijor disagreement
	 □ Reach agreement through □ Take time to think things □ Give in and attempt to sn □ Seek outside help such as □ Sometimes pound or breach □ Change the topic □ Other: 	over before discussing nooth things over s a counselor/clergy person	☐ Agree to disagree ☐ Sometimes yell and s ☐ Leave the house to co ☐ Become silent ☐ Try to outwit spouse/ ☐ Things get physical ()	ool off
35	How sexually compatible are	e you and your spouse/partn	er?	
	☐ Very compatible ☐ Compatible ☐	Somewhat compatible Not very compatible	☐ Incompatible	
36	Have you and your spouse/p	artner ever gone through a d	lifficult period that threate	ned your relationship?
	□ No □ Yes			
37	Have you and your spouse/p	artner ever separated?		
	□ No □ Yes			
38	Check the boxes that best des	scribe your current relations	ship with your mother and	father:
L	Mother or Primary Caretake	r	Father or Primary Caret	aker
	□ Mother deceased □ No contact □ Strained □ Distant □ Caring □ Emotionally intense □ Flexible □ Hostile □ Understanding □ Argumentative □ Manipulative □ Positive □ Supportive	Dependent Loving Very close Comfortable Over involved Not involved enough On again/off again Problematic Enjoyable Improving Gratifying I am caretaker for Other:	☐ Father deceased ☐ No contact ☐ Strained ☐ Distant ☐ Caring ☐ Emotionally intense ☐ Flexible ☐ Hostile ☐ Understanding ☐ Argumentative ☐ Manipulative ☐ Positive ☐ Supportive	Dependent Loving Very close Comfortable Over involved Not involved enough On again/off again Problematic Enjoyable Improving Gratifying I am caretaker for Other:

39	How helpful and supportive do you feel members of your extended family are/will be to you as a parent?			
	Your side of the family	Spouse/Partner's side of the family		
	 □ Not applicable □ All family members are helpful and supportive □ Most family members are helpful and supportive □ About half are helpful and supportive □ Few are helpful and supportive □ No family members are helpful and supportive 	 Not applicable All family members are helpful and supportive Most family members are helpful and supportive About half are helpful and supportive Few are helpful and supportive No family members are helpful and supportive 		
40	In some families, different viewpoints concerning suc socio/economic status, sexual orientation, politics, etc degree is that the case in your family?	• •		
	☐ Issues such as these do not interfere with relation ☐ Issues such as these seldom interfere with relation ☐ Occasionally issues such as these interfere with relation ☐ Frequently issues such as these interfere with relation ☐ Frequently issues such as these interfere with relation.	ships within my family lationships within my family		
41	How comfortable are members of your extended familto children?	ly when it comes to being around and relating		
L	Your side of the family	pouse/Partner's side of the family		
	□ Not applicable □ □ All family members are comfortable □ □ Most family members are comfortable □ □ About half are comfortable □ □ Few are comfortable □ □ No family members are comfortable □	Not applicable All family members are comfortable Most family members are comfortable About half are comfortable Few are comfortable No family members are comfortable		
42	List your siblings according to how close or distant y	our relationship is with them:		
	☐ I don't have any brothers or sisters ☐ I am very close to:			
43	How many members of your immediate and extended family are ready, willing and able to fully accept an unrelated child into the family?			
	 □ All family members are ready, willing and able to fully accept □ Most family members are ready, willing and able to fully accept □ About half are ready, willing and able to fully accept □ Few are ready, willing and able to fully accept □ No family member is ready, willing and able to fully accept 			

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44	How many people in your life, outside of your family, are ready, willing and able to provide you support as a parent?		
	 □ There are numerous people who are ready, willing and able to be supportive □ There are several people who are ready, willing and able to be supportive □ There are a few select people who are ready, willing and able to be supportive □ There is one person who is ready, willing and able to be supportive □ There is nobody who is ready, willing and able to be supportive 		
45	How many people in your life cause you serious conflict and stress?		
	 □ There are numerous people who cause me serious conflict and stress □ There are several people who cause me serious conflict and stress □ There are a few select people who cause me serious conflict and stress □ There is one person who causes me serious conflict and stress □ There is nobody who causes me serious conflict and stress 		
46	Check the boxes that best describe your community involvement:		
	 □ Have no friends that I socialize with □ Have a few friends that I socialize with □ Have many friends that I socialize with □ Regular attendance at religious services □ Occasional attendance at religious services □ Rarely/Never attend religious services □ Active in community organizations occasional involvement in social organizations □ No involvement in community organizations □ Occasional involvement in community organizations □ Cultural events 		
47	If you are employed outside of the home, how many hours per week do you work?		
	 □ Not applicable □ 20 - 30 hours □ 41- 50 hours □ More than 50 hours 		
48	If you are employed outside of the home, how long have you worked at your current job?		
	☐ Not applicable ☐ years and months		
49	Whether you work inside or outside the home, do you enjoy your work?		
	\square No \square Most of the time \square Some of the time \square All of the time		
50	Have you ever been fired?		
	□ No □ Yes		

51	Do you plan any career or job changes in the near future?				
	□ No □ Yes				
52	How do/will you discipline a child in your care?				
	☐ Ignore the chi☐ Discipline acc☐ Physical restra	use reasonable consequences ld's misbehavior cording to how I feel at the tr aint, e.g., strap down in crib d consequences clear in adv	Tell child they are gro	ner handle the discipline ounded d be ashamed t in the future they make me	
53	What is the overa	ll condition of your health?			
	☐ Excellent	☐ Good ☐ Fair	☐ Poor		
54	Have you ever be	en hospitalized or had surg	ery?		
	□ No □ Ye	es			
55	Are you currently	taking any medication(s)?			
	□ No □ Ye	□ No □ Yes			
56	Indicate which fa of the condition:	•	d below had any of the following collowing code, placing the approposition of the collowing code, placing the appropriate of the collowing code, placing the appropriate of the collowing code, and the code of the co		
- - - - -	DiabetesCancerAsthmaUlcersColitisAlcoholismDepressionSchizophreniaOther condition(s	ArthritisFrequent headachesHearing lossInsomniaTuberculosisDrug addictionBipolar illnessEating disorder) not listed:	Seizures Kidney disease Impaired sight Sickle cell anemia Thyroid condition Developmental disability Attention deficit disorder Sexually transmitted disease	High blood pressureHigh cholesterolAllergiesHeart conditionIntellectual disabilityAnxiety/Panic attacksInfertility/Sterility	
	rm that the informat	ion given in this questionna	nire is correct to the best of my abil	ate:	